

## PERSONAL APPLICATION

- Jesus said he came to seek out the lost, the sick, the brokenhearted who are without hope. Do you know anyone like that who you might be able to go to this week?
- Take time this week to read about Jesus in the Old Testament. You might start with Isaiah 53.
- ‘Spend a meal with Jesus’ this week, focusing on him through prayer, reading the bible, and/or journaling. Think about what you want to share with him and be sure to ask him to reveal himself to you.
- Think about your own ‘Emmaus road’ encounters. How has Jesus shown himself to you? Find someone this week to tell about your encounter(s) with Jesus.

## PRAYER

- Ask Jesus to give you an opportunity to minister to those around you who are discouraged or brokenhearted.
- Ask God to help you to speak to you through the scriptures whenever you read and to ‘reveal’ himself to you so that you would recognize him as you go through your day.
- Ask God for opportunities and for boldness to share your ‘Emmaus’ stories with others.

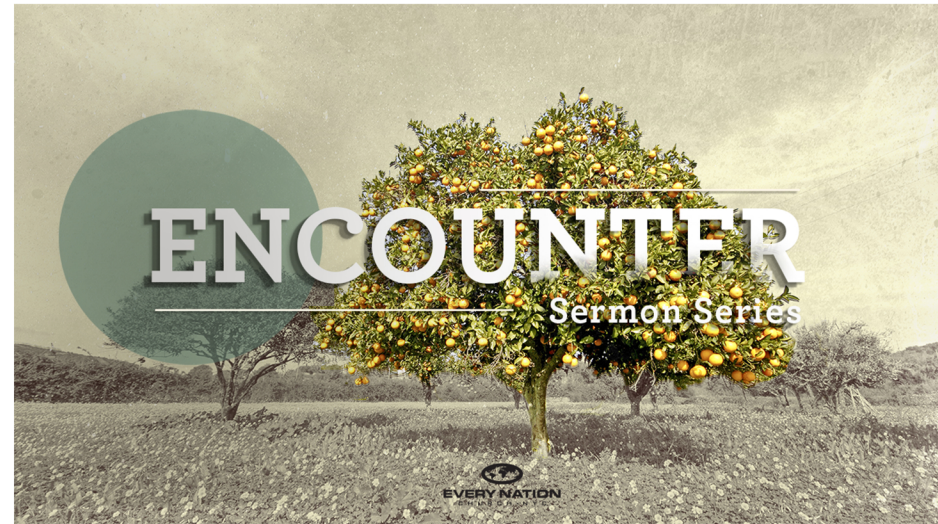
## NOTES

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### Week 1: Cleopas & Friend

## CONNECT

- When you are really down, do you like to be alone or with others?
- When was the last time you experienced a broken heart or dream?

## WORD

<sup>13</sup>Now that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem. <sup>14</sup>They were talking with each other about everything that had happened. <sup>15</sup>As they talked and discussed these things with each other, Jesus himself came up and walked along with them; <sup>16</sup>but they were kept from recognizing him. <sup>17</sup>He asked them, “What are you discussing together as you walk along?” They stood still, their faces downcast. <sup>18</sup>One of them, named Cleopas, asked him, “Are you the only one visiting Jerusalem who does not know the things that have happened there in these days?” <sup>19</sup>“What things?” he asked. “About Jesus of Nazareth,” they replied. “He was a prophet, powerful in word and deed before God and all the people. <sup>20</sup>The chief priests and our rulers handed him over to be sentenced to death, and they crucified him; <sup>21</sup>but we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place. <sup>22</sup>In addition, some of our women amazed us. They

went to the tomb early this morning <sup>23</sup>but didn't find his body. They came and told us that they had seen a vision of angels, who said he was alive. <sup>24</sup>Then some of our companions went to the tomb and found it just as the women had said, but they did not see Jesus." <sup>25</sup>He said to them, "How foolish you are, and how slow to believe all that the prophets have spoken! <sup>26</sup>Did not the Messiah have to suffer these things and then enter his glory?" <sup>27</sup>And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself. <sup>28</sup>As they approached the village to which they were going, Jesus continued on as if he were going farther. <sup>29</sup>But they urged him strongly, "Stay with us, for it is nearly evening; the day is almost over." So he went in to stay with them. <sup>30</sup>When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them. <sup>31</sup>Then their eyes were opened and they recognized him, and he disappeared from their sight. <sup>32</sup>They asked each other, "Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?" <sup>33</sup>They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together <sup>34</sup>and saying, "It is true! The Lord has risen and has appeared to Simon." <sup>35</sup>Then the two told what had happened on the way, and how Jesus was recognized by them when he broke the bread."

**Luke 24:13–35 (NIV)**

## THOUGHT

Cleopas and his friend were disciples of Jesus. This passage takes place right after the crucifixion as the two of them are leaving Jerusalem on their way to the small town of Emmaus. Jesus comes alongside them, listens to their shattered hopes and dreams, then opens up the truth to them, giving them great healing and hope.

### 1. JESUS COMES TO THE DEPRESSED AND DISILLUSIONED

*"He heals the brokenhearted and binds up their wounds." Psalm 147:3 (NIV)*

Go back and read *Luke 24:17-18, and 21* above. Cleopas and his friend didn't recognize Jesus when he interrupted them on the road to Emmaus. Furthermore, they couldn't believe he was unaware of Jesus' crucifixion. It's fairly obvious from their response that Jesus had been eavesdropping on their conversation. What do you think they were feeling and thinking as

they walked along? What do you think they were discussing regarding Jesus death?

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### 2. JESUS EXPLAINED

*"<sup>39</sup>You study the Scriptures diligently because you think that in them you have eternal life. These are the very Scriptures that testify about me,"*

**John 5:39 (NIV)**

In *Luke 24:27*, Jesus explains to them the purpose of his life and death through the scriptures. At this time the New Testament had not yet been written. What Old Testament verses might Jesus have used to explain his life and death?

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### 3. JESUS REVEALED

*"<sup>13</sup>You will seek me and find me when you seek me with all your heart."*

**Jeremiah 29:13 (NIV)**

*"<sup>20</sup>Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person, and they with me."*

**Revelation 3:20 (NIV)**

Re-read *Luke 24:28-29*. Why do you think Jesus acted like he was going to keep going further? With what percentage of your heart would you say you are seeking after Jesus?

Re-read *verses 30-31*. Eating together speaks of friendship, fellowship, and the sharing of life. Why do you think Jesus revealed himself as they were eating? What are some of the ways you might 'share a meal' with Jesus?

Re-read *verses 33-35*. After Jesus revealed himself, Cleopas and his friend immediately returned to the eleven remaining disciples in Jerusalem and confirmed that Jesus was alive and had indeed risen from the dead. When was the last time you shared this truth with someone else?

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