



### Week Three – One On One

The goal of today's discussion is to highlight the value of one-on-one relationships in our lives, and especially in our Christian walk. Be sure to look for a way to introduce the **One 2 One Booklet** and get those who haven't done it yet set up to go through it with another member of the group. You might want to find out ahead of time which group members have done it and which would be willing to take someone else through it. Emphasize that it is very simple and designed so that you can lead someone else through it with no training. You just need to be one step ahead of the one you're leading.

#### CONNECT

- Who is the one person in your life you feel comfortable sharing personal details of your life with? Why?
- Have you ever mentored or received mentoring by someone in your life? What did you like best about that relationship?

#### WORD

*"<sup>9</sup>Two are better than one, because they have a good return for their labor: <sup>10</sup>If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. <sup>11</sup>Also, if two lie down together, they will keep warm. But how can one keep warm alone? <sup>12</sup>Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken."*

***Ecclesiastes 4:9-12 (NIV)***

## THOUGHT

At Every Nation New York City we believe that Christianity is a relational walk with Christ and with people. Being in a community helps us to feel like we belong to a family but we find within communities a deeper bond with specific people that challenge us to grow and help us to feel safe. Having one-on-one relationships with people helps us to feel understood and deeply loved and is pivotal to our personal growth. The value we place on these one-on-one relationships is reflected in our mission to transform the city, one life at a time.

## DISCUSSION

**1. What are some character traits you look for in a close friend?**

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**2. When have you had to come to the defense of a friend?**

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**3. David and Jonathan in 1 Samuel 20 were so close as friends that Jonathan helped David escape from his father's plot to kill David. How has a close friend protected you from harm as mentioned in Ecclesiastes 4:12 or bailed you out when you were in trouble?**

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**4. At different points in life, having a personal mentor is necessary in accomplishing our goals. In today's society athletes have coaches, new employees have work mentors to help them grow. Do you have someone that is personally helping you grow in your walk with God?**

This is a good place to introduce the **One2One Booklet**. sure to emphasize that in addition to these examples, we all as human beings, need helpers along the way. The first and most universal example is the need that an infant has for a mother or nurse or both.

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**5. Ecclesiastes 4:9 states that ‘two are better than one because they have a good return for their labor.’ In what ways do your personal relationships keep you accountable to living a more productive life?**

This might be a good place to ask the question, what is the difference between friends and mentors and how do they differ in the ways they benefit you? A good follow up question might also be, ‘How does have a mentee help keep you accountable to a productive life?’

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**6. Jesus did his entire ministry with a group of 12 men, but even within that group, he dealt with each person individually. The scriptures teach that Jesus died for you so that you can have a personal relationship with God. How have you seen God reach out to you in a specific, individual way?**

This is the question where you can share the gospel. You could have one of the group members who got saved in a private, personal setting as opposed to a large public gathering, be prepared to share their salvation testimony here, or share your own testimony, emphasizing the personal, one-on-one nature of salvation, just you asking Jesus to forgive you of your sins and inviting him into your life.

## PERSONAL APPLICATION

- Who in your life can you reach out to this week to help you grow in your relationship with God?
- If you haven't done One2One yet, find someone this week to take you through it. Ask anyone who's been a part of the church for awhile or ask your Connect Group leader to connect you with someone.
- Think of one person in the church and one person outside of the church that you can encourage this week.
- What areas of your life do you need a mentor to help you navigate? Make a list of three possible mentors and reach out to them this week.

## PRAYER

- If you don't have a close friend you can trust, ask God to give you one.
- Ask God to put someone in your life who will encourage and pray for you daily.
- Pray for God to protect and grow the close relationships in your life.

## NOTES

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